



Piedmont Relays

Hosted by Sirius Athletics

April 18, 2021

Clarke Central High School, 960 Baxter St., Athens, GA 30606

Age Groups: U8, 9–10, 11–12, 13–15 (*age control date 12/31/21*)

Awards: Relays: Awards for first place team

Individual Events: Medals awarded to first place in each age group, ribbons to places 2 & 3

Entry: \$5/athlete, Limit 3 events plus relays. Enter through Athletic.net or send spreadsheet by 5:00 pm, April 14, 2021

Heats & Flights: Will be drawn after entry deadline. Age groups may be combined, but results will be separated. OK to age-up in relays.

COVID-19 Safety Measures: Spectators are allowed, masks required when not distanced. NO BULLPEN. Athletes report to event start when called. Personal implements encouraged, shared implements sanitized between competitors. Awards will be given to coaches (either sent or day-of). Plan on your own water supply. Stay safe!

Start Time-2:00 pm

Field Session 1:

Long Jump - Boys

Discus (1k, 11 and older)

High Jump (9 and older)

Field Session 2

Long Jump - Girls

Standing LJ

Shot put (2k U8, 9+ 6 lb)

Turbo Javelin (300g 10 & under, 400g 11–12, 600g 13+)

3:30 pm Running Events: Will begin at 3:30 or at the completion of field events, whichever comes first.

Athletes should leave field event and report to running event when called. Return to field event within 10 minutes of completing running event to complete attempts.

(Rolling Schedule)

3200m run (all ages)

Hurdles will start after first lap of 3200

80 meter hurdle shuttle relay (all ages)

Mixed age groups. 30" hurdles and 24" hurdles will be in alternating lanes, so leg one, runners 11+ (over 30" hurdles), leg 2 runners U8–10 (over 24" hurdles in the opposite direction) leg three, runners 11+ (over 30" hurdles), leg 4 2 runners U8–10 in opposite direction.

400m (all ages)

Sprint Medley (100, 100, 200, 400) (all ages)

4x800m (all ages)

100m (all ages)

1600m (all ages)

4x200m (all ages)

Contact Rachel Hopkins at
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for more information.