



# Piedmont Youth Challenge

Hosted by Sirius Athletics

**March 27, 2021**

Athens Academy, 1281 Spartan Ln, Athens, GA 30606

**Age Groups:** U8, 9–10, 11–12, 13–15 (*age control date 12/31/21*)

**Awards:** Medals will be awarded to first place finishers in each age group, ribbons to places 2 & 3

**Entry:** \$5/athlete, Limit 3 events plus relays. Enter through Athletic.net or send spreadsheet by 5:00 pm, March 24, 2021

**Heats & Flights:** Will be drawn after entry deadline. Age groups may be combined, but results will be separated. OK to age-up in relays.

**COVID-19 Safety Measures:** Spectators are allowed, masks required when not distanced. Teams will have designated areas and athletes are asked to mask when not active. NO BULLPEN. Athletes report to event start when called or announced via BAND app. Personal implements encouraged, shared implements sanitized between competitors. Awards will be given to coaches (either sent or day-of). Plan on your own water supply. Stay safe!

## **Start Time-10:00 am**

### **Field Session 1:**

Long Jump - Pit A (boys) and Pit B (girls)

Discus (*1k, 11 and older*)\*

High Jump (*9 and older*)

### **Field Session 2**

Standing LJ

Shot put (*2k U8, 9+ 6 lb*)

Turbo Javelin (*300g 10 & under, 400g 11–12, 600g 13+*)

**11:30 am Running Events:** Will begin at 11:30 or at the completion of field events, whichever comes first. **Athletes should leave field event and report to running event when called.** Return to field event within 10 minutes of completing running event to complete attempts.

### **(Rolling Schedule)**

**80 meter hurdles** (ages U8–12, U8–10: 24", all others 30", 7.5M spacing)

**100 meter hurdles** (age 13–15, 8M spacing)

**1600 Meter Run** (all ages)

**4x100 meter Relay** (all ages)

**400 Meter Dash** (all ages)

**100 Meter Dash** (all ages)

**800 Meter Run** (all ages)

**200 Meter Dash** (all ages)

**4x400 Meter Relay** (all ages)

**Contact Rachel Hopkins at [siriusathletics@gmail.com](mailto:siriusathletics@gmail.com) for more information.**